

## Daily Eagle

A DELSARTE BOW.

AN ACCOMPLISHMENT WHICH ANY  
LADY CAN ACQUIRE.Grace in Salutation—Secret of the Seem-  
ing Ease With Which Many Society  
Women Move and Sit—Hints for the  
Awkward."That was a Delsarte bow," said a lady in  
her carriage to the friend at her side, as an-  
other who was hastily passing gave them  
recognition."What do you mean by a Delsarte bow?  
How does it differ from any other bow?"  
"You noticed my friend was graceful, did  
you not? Well, the initiated know how she  
uses that grace.""Will you be pleased, then, to enlighten the  
uninitiated?"The lady who questioned was from the  
country. Her hostess was city bred and in the  
full tide of the latest fashions in study,  
dress, manners and mode of thought."I will, gladly. But tell me first what you  
noticed out of the ordinary in Mrs. A.'s style  
and grace.""She moved, somehow, like a bird on the  
wing.""That is it, exactly. She knows how to  
walk, and together with that she bowed  
gracefully. You saw her just now out for a  
constitutional 'ride' in a fresh air park, but  
she will move down the length of the most  
gaudious drawing room, slow as a funeral  
march, with just as much poise as now. That,  
you must understand, is quite a different  
thing. To move slowly and to have arms and  
body in perfect rhythm, with no angular  
constraint at elbows or shoulders, requires  
the breeding of a duchess.""But how is one to have breeding who lives  
all her life in a little country town?""Study Delsarte. Rachel, Bernhardt,  
Terry, were all pupils of his method. You  
know it takes Bernhardt anywhere from one  
minute to fifteen to sit down. She is so  
flexible that she really seems to be no  
material body inside her costume. She seats  
herself like a silken gown, with lace and fur-  
belows tossed indifferently and languidly  
over a sofa. Yet it is all by rule; all  
studied."

"But about the bow?"

"I could illustrate it better than I could tell  
it. There should be no motion of the neck in  
a bow—a nod is inadmissible. The inclina-  
tion is really from the hip joint. The body  
must be passively erect, not rigid nor strained,  
and you sway like a tree blown by the wind  
to the front, to the side or backward, as the  
case may be. Meantime, eyes level fronted  
and a cordial light in them, if you wish to  
express friendliness; or, if you desire formal-  
ity, leave expression entirely out of the face.  
Try it."The country lady included neck, waist and  
shoulders in her effort. They both laughed."I never thought before that a bow meant  
anything but 'how do you do'."Her hostess then gave her examples of dif-  
ferent bows, which could safely be done, as  
they were driving along a very quiet street."But how about that walking bow—that  
sweeping, side deflection while in motion?""Yes, that is different. You must first be  
able, without premeditation, to relax all ten-  
sions of the body. They are fatal to grace,  
and nearly every one has some fixed habit of  
the kind. Watch children at play. They are  
never awkward. They are unconscious, and  
their bodies respond to every mental  
phase. Their emotions are transmitted to  
their motions; anger, nervousness, fright,  
haste, affection, aversion, are not more in  
their words and voices than gesture and atti-  
tude. As soon as they are made conscious it  
is like a brake put upon a revolving wheel,  
which hinders and embarrasses. A foolish  
child slings her shoulders, lugs her head,  
puts her fingers to her nose, or, in a word,  
does anything that is not graceful. I am self-conscious,  
and therefore ashamed." No child need act that  
way. Those habits are within control of  
mother or teacher by the very simplest rules."

"But the bow—the bow; you forget."

"Yes—the walking bow. Suppose you are  
passing along the street, as my friend was  
just now, and meet acquaintances in a car-  
riage, as we were met. You do not come to a  
halt to deliver your greeting, nor yet duck  
your head as if dodging a missile. But you  
incline the body at the hips (the rest remain-  
ing erect) just as the foot toward your object  
is lifted from the ground. The head is held  
at that juncture—yes, we call it, 'over the weak  
leg'—gives just the proper inclination. And  
the body is inclined the foot takes its  
appropriate step forward at the same gait as  
before, and the bow is made."

"And the backward bow?"

"I see that puzzles you because you still  
cling to the old notion that the chin has need  
to do with the recognition of our friends. If  
you were rigid from the base of the brain to  
the shoulder blades you could still fulfill  
Delsarte's idea of a bow. Backward it is  
simply a bending that way, while the eyes  
and smile do the rest. This bow is suited to  
the theatre or other crowded places. And  
there is still another bow if you wish to in-  
clude a number of people, say at a public  
table. Beginning at the first one, let the  
glance impersonally include, without pause,  
the entire table, ending the bow at the last.  
It should be like an inclusive wave of the  
hand."

"Are there any more?"

"Oh, yes, all phases of dignity have their  
specific pleadings and gradations. There is  
the forward impulse of greeting and the with-  
drawal of adieu. These differ only in the  
small matter of which foot the weight of the  
body is poised upon in greeting and the for-  
ward foot, and in taking leave the back foot.  
Then there is the bow of superiority, the  
deferential bow, the reluctant, the conde-  
scending, the alluring. Believe me, good  
manners have their laws, and so have grace  
and courtesy."

A Plan Worth Thinking Of.

Would it not be a pleasant thing to think  
of every lady, at the outset of a new writing  
career, to choose her own style of paper and  
to adhere to it, as scrupulously as might be  
convenient, through life? Then the fashion  
might change all it would, it could bring no  
change to her, no trouble, no uncertainty;  
she would be always in fashion, being always  
a law to herself. Her note paper would be as  
much her own as her eyes or her mouth; it  
would be a part of her general style, hers as  
her name is hers, as her crest or coat of arms  
might be, known and recognized and never  
to be found fault with, no matter what new  
notion was to be had at the stationer's—Har-  
per's Bazar.

Disease of Mountainous Mexico.

A section known as the tierra colorada  
is very curious but harmless cutaneous affec-  
tion prevails here known as quiritaria, which  
causes people to appear spotted, as if painted  
all over the face and body in huge polka  
dots, and hence the natives are dubbed  
Pintos, or "painted natives." That much  
dreaded mental disease, known to the world  
as cretinism, is as alarmingly prevalent in  
the mountain valleys of Guerrero as in some  
portions of Switzerland. In Europe the dis-  
ease is rarely encountered at a higher altitude  
than 3,000 feet, and chiefly haunts those val-  
leys that are surrounded by high, steep walls  
of rock, that exclude the light and limit free  
circulation of air; but in Guerrero it appears  
to be confined to no fixed elevation or especial  
configuration of soil. Goitre is often found  
in connection with it here, as in the lower  
Alpine valleys, not only of Switzerland and  
France, but of the Pyrenees, Syria, India and  
China.—Fannie B. Ward in Boston Trans-  
cript.

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Have for sale, on line of WICHITA & COLORADO RAILROAD  
north-west of Wichita, town lots at new towns of

MAIZE, 9 Miles from WICHITA.

COLWICH, 14 " WICHITA

ANDALE, 20 WICHITA.

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HAVEN, 33 1/2 "

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Hutchinson.These towns are in the best portion of  
Sedgwick County, Kansas.

Maps of Towns and Prices can be had as hereinafter set forth:

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## REAL ESTATE &amp; EXCHANGE BROKERS

SOLE AGENTS FOR

ROSENTHAL'S ADDITION.

This Addition is located in the north part of the city, between

Fairview and Arkansas Avenues and is in the highest part of

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No. 201, S-E CORNER DOUGLAS AVENUE AND MARKET ST.

## Snow, Snow.

Winter is here. In order to avail yourself of first opportunity  
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Kelly, Alexander and Rahn,

NO. 123 MARKET STREET.

And select one of those elegant Cutters, of which they have a fine

stock both as to style and finish, single or double. Also a stock of

runners for converting your buggies into a sleigh, at prices to suit

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Whipple, Conway &amp; Co.,

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Have lots of Mantels, Grates and Tile. Wood, Slate and Iron

Mantels, Encaustic Tile. Do all work in the very best manner. Don't

get any mantels until you have seen our prices and stock. These

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Wholesale Grocer Company

Nos. 233 and 235 North Main St., WICHITA, KAN.

Jno. S. Cozine &amp; Co.

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City Property and Farms for Sale.—Rents Collected and Taxes Paid.

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(The Oldest Money Institution in the Arkansas Valley.)

No. 83 Main Street. - - - - - Wichita, Kansas.

Do a General Banking Business in all its Modern Functions.

Loan both Foreign and Home Money in any amount on all satisfactory collateral—real

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